

# Rocky Mountain Tribal Access to Recovery

Indian Health Service  
Open Door Forum  
January 24, 2008

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# Rocky Mountain Tribal Access to Recovery (RMT ATR)

Increase access  
for American Indians in  
Montana and Wyoming to:  
Clinical treatment  
and  
Recovery Support Services



# Access to Recovery (ATR)

- Presidential Initiative:
  - Provide client choice among substance abuse clinical treatment and recovery support services
  - Expand access (including faith-based programs)
  - Increase substance abuse treatment capacity



# Emphasis of ATR

- Cost-effective
- Successful outcomes
- Largest number of people
- Serve methamphetamine clients
- Pay for Recovery Support Services



# Funding

- Substance Abuse and Mental Health Services Administration (SAMHSA)  
2007 grants to States (19) and  
Tribal Organizations (5)
- \$1.9 million per year for RMT ATR
- 3 years



# Administration of RMT ATR

- MT-WY Tribal Leaders Council
  - Governing Body: Elected Tribal Chairs
- ATR Technical Advisory Team
  - MT WY Native American Chemical Dependency Program Directors



# Continuum of Care

- Low intensity, motivational
- Detoxification (not in hospital)
- Residential
- Intensive Outpatient
- Recovery Support
- “Wrap around services”
- Case management from assessment to follow up



# Recovery Support Services (RSS)

- Non-clinical services
- Support people seeking to live free of alcohol and drugs
- Examples:
  - Transportation to treatment
  - Job training
  - Relapse prevention
  - Child care
  - Mentoring
  - Spiritual support





# Examples of Recovery Support

Sweat Lodge

White Bison Warrior Down program

Tribal language class

GED class

Preparation for vocational training

Evening basketball games at community  
center

Cultural mentoring



# Case Management

- Funded by the ATR Vouchers
  - Assessment first, then case management
  - Tribal/Urban Chemical Dependency (CD) programs assign a case manager to coordinate with the ATR clients
    - Clinical treatment choices
    - Recovery support choices



# Access to Funding for Services

- Each Tribal/Urban Indian program has unique secure site at [www.tribalrecovery.com](http://www.tribalrecovery.com)
- ATR Case manager accesses voucher management on-line
- Case manager enters client's choices



# Case Example

- 18 year old male
- Alcohol and methamphetamine problems
- Has assessment at Tribal Chemical Dependency Program
- Counselor and client agree on ASAM level of care
- Client can also choose Recovery Support Services only



# Key Points on ATR

- Access to Recovery is client-centered.
- Funding is through voucher system.
- Vouchers are for both treatment and recovery support services.
- Recovery Support Services are key to success.
- Participating Tribal CD programs access secure website to request services via voucher for their clients.



# What does RMT ATR have to do with Director's Initiatives?

Integration of health promotion and disease prevention with culturally appropriate behavioral health care.



# Integration Efforts

- Increase in options for individuals with chronic alcohol or drug abuse
- Community-specific, culturally-based services
- Wrap-around, support for healthy life
- Long-term
- Motivational, client-centered



# Want more information?

[www.tribalrecovery.com](http://www.tribalrecovery.com)

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